

The Wellness Council Presents...
Family Fitness Night: Back to the 80s

Tuesday, May 23rd, 2017
5:00-7:00 PM in the school yard
(Rain date: 5/24/17)

Come join us for sessions of fun, wellness workouts.
Dress in your 80s BEST!

Sessions will include:

- Aerobasize
- Kickboxing
- Step Aerobics
- Ti Chi
- Cardio



SPACE WILL BE LIMITED...
REGISTRATION WILL BE OPEN 5/1/17!

Register at: www.eventbrite.com or ps79q.org
Search: PS. 79 Family Fitness Night

We hope to see you there!